The next information was recorded in the dark and so very brief as I could not write nor could I hear clearly. My head was pounding with a severe headache.

No 7.

My name is Lang.
The Bell of Heaven
will I hear of they are brought to me.
My colour is Grey.

I was annoyed for not hearing this ~~spirit~~ spirit but tiredness and the severe headach to which I still have on Tuesday 29th Nov 977 made it impossible to do so.

When I phoned Alex today he said he had more signals for me. It has to do with the hearing of mental health. I will see them Sunday evening.