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23.2.84.

Can you tell ~~us~~ more about Pangea?

~~You say ig Daiaadra made the point that observation during one of his meetings with me~~

During one of Daiaadra's meetings with me he made the point that he was in Alex's body and in this room. Although I was aware of the change in the demeanour of Alex's body I could not say that I saw ~~him~~ ~~Daiad~~ Daiaadra. If you are here in the same way could you make yourself visible to me?... as ~~the~~ was one promised to Lord Tara who was afraid...?

~~You are incarnate and yet there is a similarity between yourself + the Spirit World... + the discarnate ~~Our Earth concepts find this difficult~~ ~~the~~ concepts. This is a bewildering concept for Earth man. Could you explain a little more?~~

How old are you?

How many incarnations?